



॥ उद्गम ॥



- BORN TO BE MORE

SARVANKASH VIDYA MANDIR VOL. 2 ISSUE 1 I (1ST JUNE - 31ST AUGUST)

“INSTEAD OF LETTING YOUR HARDSHIPS AND FAILURES DISCOURAGE OR EXHAUST YOU, LET THEM INSPIRE YOU. LET THEM MAKE YOU EVEN HUNGRIER TO SUCCEED.” -MICHELLE OBAMA

हर घर तिरंगा

'घरोघरी तिरंगा फडकवू स्वातंत्र्याचा अमृत महोत्सव साजरा करू', 'हर मन तिरंगा घर घर तिरंगा', 'भारत माता की जय', 'वंदे मातरम' यासारख्या घोषणांनी सर्वकष विद्यामंदिर आणि कुर्ली गावचा परिसर दणाणून निघाला; निमित्त होते स्वातंत्र्याचा अमृत महोत्सव अंतर्गत आयोजित प्रभात फेरीचे.

या निमित्ताने शाळेच्या परिसरातून प्रभात फेरीचे आयोजन करण्यात आले होते. शाळेतील विद्यार्थ्यांमध्ये तसेच परिसरातील लोकांमध्ये 'स्वातंत्र्याचा अमृत महोत्सव' व 'हर घर तिरंगा' या निमित्ताने जनजागृती करणे व स्वातंत्र्य लढ्यात बलिदान दिलेल्या क्रांतिकारकांच्या स्मृतींना उजाळा देऊन त्यांना मानवंदना देणे हा या प्रभात फेरीचा मुख्य उद्देश होता.

शाळेतील विद्यार्थ्यांची क्रांतिकारकांच्या पेहरावातील उपस्थिती हे या प्रभात फेरीचे खास आकर्षण होते. त्यात साकारलेल्या महान व्यक्तिरेखा व विद्यार्थ्यांची नावे पुढीलप्रमाणे - लोकमान्य टिळक - प्रत्युष पेठे , झाशीची राणी लक्ष्मीबाई - इंश्रा काझी, महात्मा गांधी - विवान सुर्वे, सुभाषचंद्र बोस - जय गुंदेचा, भगत सिंग - जय जैन, राजगुरू - अर्णव परब, सुखदेव - श्रेयस तळेकर, सावित्रीबाई फुले - निधी लांजेकर, स्वामी विवेकानंद - कार्तिक देवल, चंद्रशेखर आझाद - सम्मद नरोटे, डॉ. बाबासाहेब आंबेडकर - शर्विल शिंदे. प्रभात फेरीत इयत्ता तिसरी ते आठवीच्या विद्यार्थ्यांबरोबर शाळेतील शिक्षक मोठ्या उत्साहाने सहभागी झाले होते. - BY MR SUMIT



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**“START WHERE YOU ARE. USE WHAT YOU HAVE. DO WHAT YOU CAN.”
- ARTHUR ASHE (AMERICAN TENNIS PLAYER)**

My Dear Learners, Parents, and Fellow Beings,

First of all, I congratulate each one of you on entering the second successful year of SVM's Quarterly Newsletter **Udgam (Born to be more)**. I truly appreciate the efforts invested by each one of you to make this possible. I was requested by the Mass Media and Communication Club to share my views on this occasion, I started thinking vividly and felt as if I was moving into a time machine, and PHEW!! The Era changed!

I could imagine myself in the seventies as a school-going girl and looking today I see myself as a school-going Principal :) This time travel seems like a roller coaster ride, up and down and swirling around.

With every change that I experience, it seems as if someone has thrown a pebble into the calm lake and formed the ripples around.

I just pause and think about

- Learning then and now
- Parenting then and now
- Learners then and now

What has changed and what needs to be changed? When I think about these things, I see myself in various roles. As a learner, a parent, and an educator.

If I think of narrowing it down to something more straight and specific, I think it comes down to the Home School Partnership as together we nurture the future. This is what we value a lot at SVM.

No school can work well for children if parents and teachers do not act in partnership on behalf of the children's best interests - Author: Dorothy H Cohen

Our children are experiencing the fourth mega revolution, the Digital Revolution.

So what can we do at school as educators -

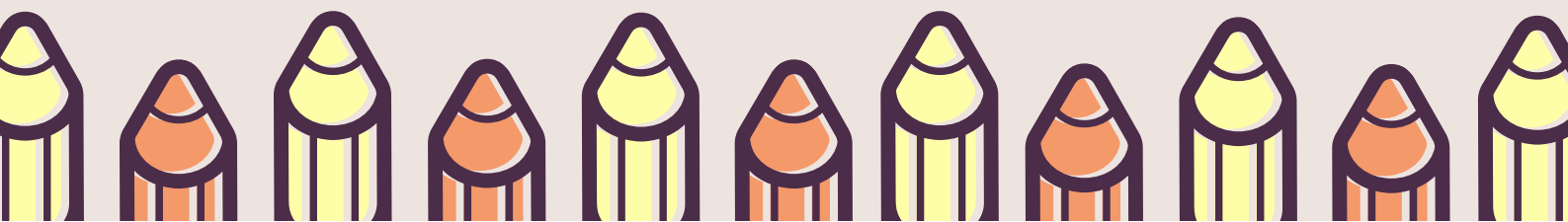
- Provide a nurturing and conducive environment that focuses on building human values and exemplary ethics.
- Develop skills to be needed in the future be it technical or personal.
- Develop a whole-brain child along with a correct mindset, positive attitude, and complex problem-solving skills.
- Develop SVM's Core Values - Ownership, Integrity, Empathy, Resilience, Passion and Excellence.
- Develop sensitivity towards the world surrounding, be it nature or life in any form.

Jane D Hull. Rightly said, “At the end of the day the most overwhelming key to a child's success is the positive involvement of the parents”, and so dear parents we cannot shy away from our role and responsibilities as a parent. We must remember that

- In spite of our busy schedules, spending 'Quality Time' with children and getting into regular, continuous and healthy age-appropriate conversations is non-negotiable.
- Monitoring and setting boundaries for what is acceptable and what is not, be it social media influence or excessive use of gadgets.



**MONICA JAISWAL
PRINCIPAL
SARVANKASH VIDYA MANDIR**



I often quote Mr Narayan Murthy founder of Infosys, he says -

I ALWAYS ADVISE PARENTS TO BE PARENTS AND NOT FRIENDS. Your kids can have a number of friends but have only ONE set of parents. If they don't do 'parenting', who will?

If we need to teach children about self-respect, self-, esteem and self-confidence, we also need to tell them that howsoever big, rich and famous they may be, their parents shall always be their parents... children can never be their equals, let alone be their bosses!

Remember to Pay- RENT – Respect, Empathy, Niceness, and Time!

So don't be afraid to set rules and make the children obey them

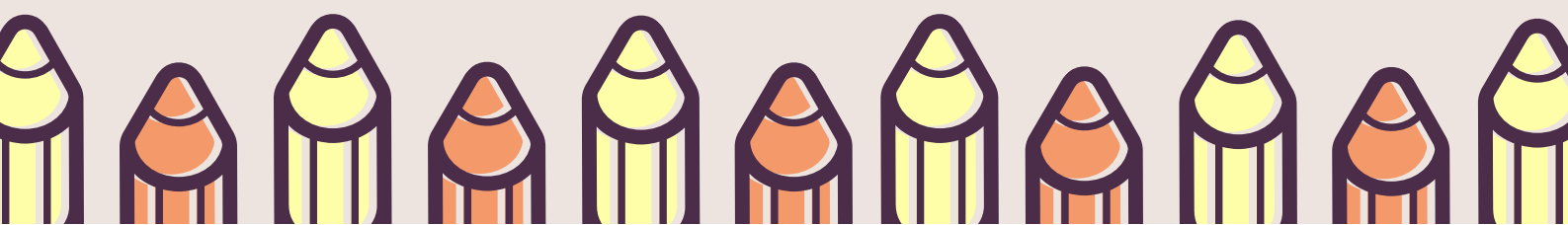
- Value relationships and bonding with family, relatives and neighbours.
- Children learn by role modeling so mind your language and watch your conversation with your spouse. Action speaks louder than words. if you want them to be disciplined you be disciplined yourself. If you want them to read, you read first.
- Learn to balance life and don't get overwhelmed and carried away by what is happening in society, use your own discretion, nobody knows your needs better than you. Don't fall prey to the prevalent stereotypes that do not stand the test of time and truth.

In the end, I would just like to connect with all my young 'GEN NEXT'

1. The future belongs to you, try to align your thoughts, beliefs and actions.
2. Time travels in the forward direction, even if we want to go back and correct the mistakes we did in the past, we won't be able to do that hence think rationally.
3. Use Gadgets and tools to master them, let gadgets not become your masters and drive you. Think of improving the quality of life around you, the quantity hardly matters.
4. Be it any time of History, human values and humanity will always prevail as the top most valued virtues. So even if you enter into an age surrounded by robots, you will always need a human shoulder to cry and share your feelings and emotions.
5. Always remember, your parents and your teachers only have one thing on their mind and that is your well-being and success.

Wishing you a bright future ahead.

Yours Lovingly,
Ms Monica.



CHINA CALLS FOR INDIA TO WORK 'IN THE SAME DIRECTION TO RESTORE TIES'



Source- <https://images.hindustantimes.com/>

External Affairs Minister S. Jaishankar commented on August 18, 2022, that relations with China are in “an extremely difficult phase” and there are “many reasons” for both countries to work together.

Foreign Ministry spokesperson Wang Wenbin said. “A true Asia Pacific century or Asian century can come only when China, India and other countries can achieve sound development. China and India are two ancient civilisations, two emerging economies and two big neighbours. We have far more common

interests than differences.” He said both sides have “the wisdom and capability to reinforce each other better than wear each other down”.

China-India relations can come back to the right track of sound and steady development at an early date and uphold the common interest of China, India and the developing world.”

INDIA GIFTS DORNIER AIRCRAFT TO STRENGTHEN MARITIME SECURITY OF SRI LANKA



<https://bsmedia.business-standard.com/>

India on Monday gifted a Dornier maritime reconnaissance aircraft to Sri Lanka which will enable the island nation to tackle multiple challenges like human and drug trafficking, smuggling and other organised forms of crime in its coastal waters more effectively.

Sri Lankan President Ranil Wickremesinghe was present at the impressive handover ceremony which took place on the day when India celebrated its 76th Independence Day and on the day before a high-tech Chinese missile and satellite tracking ship was docked at the island nation's strategic Hambantota port.

MANISHA KALYAN BECOMES 1ST INDIAN TO PLAY IN UEFA WOMEN'S CHAMPIONS LEAGUE

In a proud moment for India, young striker Manisha Kalyan became the first Indian footballer to play at the UEFA Women's Champions League when she made her debut for Apollon Ladies FC in the European Club competition in Engomi, Cyprus. Kalyan on Thursday replaced Cyprus' Merilena Georgiou

SVM CELEBRATES 76TH INDEPENDENCE DAY

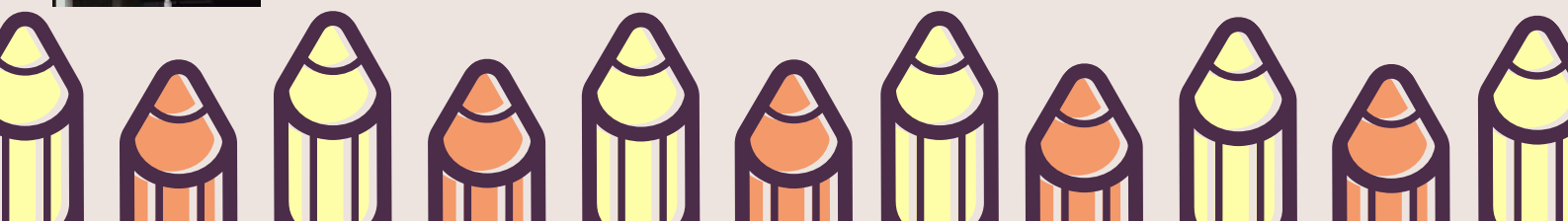
in the 60th minute at the Makareio Stadium, as Apollon Ladies FC beat Latvian top flight club SFK Riga 3-0 in their UWCL opener. She has become the fourth Indian woman footballer to sign for an overseas club.



<https://fb.watch/fbVJRyREi2/>

RUNNING OF SPECIAL TRAINS DURING GANESHOTSAV

Good news for passengers!!! It has been decided to run the Ganpati Special Trains in coordination with Central Railway to clear the extra rush of passengers during Ganpati Festival 2022.



The whole idea behind the Grow and Cook Club is to make the learners aware of the benefits of eating healthy ,organic food grown by themselves . By utilising the school’s outdoor learning space, the facilitators and learners are trying to create a sustainable garden area to grow fruit, vegetables and herbs whilst developing children’s gardening skills. The organic farming focuses on locally grown products and use of local wisdom. It excludes the need and demand for external fertilizers for crop production. Organic Farming also is known as “Organic Agriculture”.



Following activities were initiated by the club:

ACTIVITY 1

The very first activity of the club initiated with making the learners aware of the importance of tillage as a process that prepares the soil for farming.Learners enjoyed the activity of tilling the land.Each and every learner participated enthusiastically in the activity. Learners understood the importance of tillage practice.Activity of tilling the land was done by the learners of Grades 6 to 8.



ACTIVITY 2

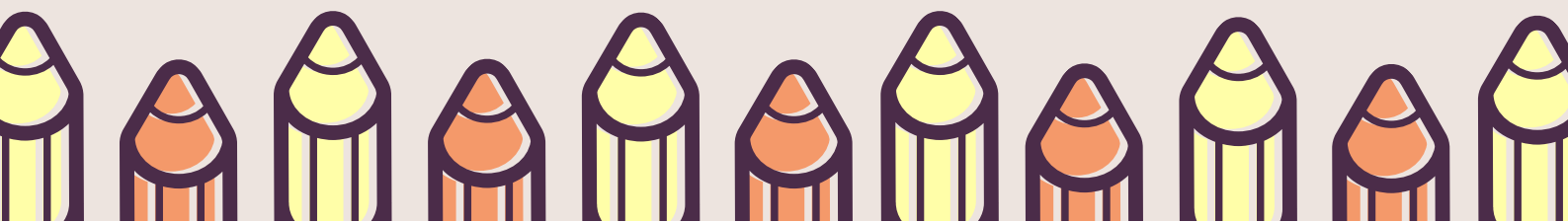
- Illustration of sowing seeds- The activity of sowing seeds was conducted by learners from Grades 1 to 5 after witnessing the illustrations shown by the ever helpful facilitators.The learners also gained knowledge about different seasonal plants.



ACTIVITY 3

- After tillage and learning to know how to sow seeds,the enthusiastic learners were demonstrated as to how to plant a sapling.Learners also got an insight about climbers and their growth requirements.

- BY MS NEEMA



“To effectively communicate, we must realize that we are all different in the way we perceive the world and use this understanding as a guide to our communication with others.” -Tony Robbins



Mass Media and Communication Club (MMCC) is a very important part of modern education. It gives voice to the learners expressions and provides them with an exposure to the avenues of mass media and creative assertion. The club promotes reading, critical thinking, data analysis and guides the learners to design school newsletters.



The objectives of MMCC are –

- To develop communication skills.
- To provide a platform for the learners to improve their soft skills which further boosts self-confidence and stage courage in them.
- To make learners and facilitators aware and update about what is happening in the school and around through our school's infographic-Udgam.

Learners need freedom to express themselves in a manner that is respectful, thoughtful, and accepted. MMCC gives those learners a voice that is done in a way that brings credibility to the club as well as to the school. Everyone has a story, but not every story is told or known. In each school, there are learners, facilitators, administrators and parents with interesting stories that everybody would benefit from hearing. The MMCC allows storytellers to bring these stories out in a creative way for the well-being of learners and facilitators.

A few activities conducted in the quarter by MMCC are-

• Designing Logo-

Designing the logo was one of the activities of this quarter. A logo is important as it reveals the identity of the club and communicates ownership, quality, objectives and values. The right logo says everything without saying a word. It connotes feelings of honour, trust, pride, excellence and integrity. Learners from grades 1 to 4 designed the logo for the MMCC club. It was a unique experience as the kids used their imaginative skills and tried to make the logo as artistic as possible. They learnt how a simple design can evoke a sense of connection.



• Role-plays

Role- play exercises allow learners to assume the role of a person or act out a given situation. Role plays engage learners in real-life scenarios that can be ‘stressful, familiar, unfamiliar, or complex’.Learners from grades 6 to 8 were given a few circumstances and they had to act them out. The activity helped in respecting, sharing and relating the perspective of self and others.

• Self- Introduction-

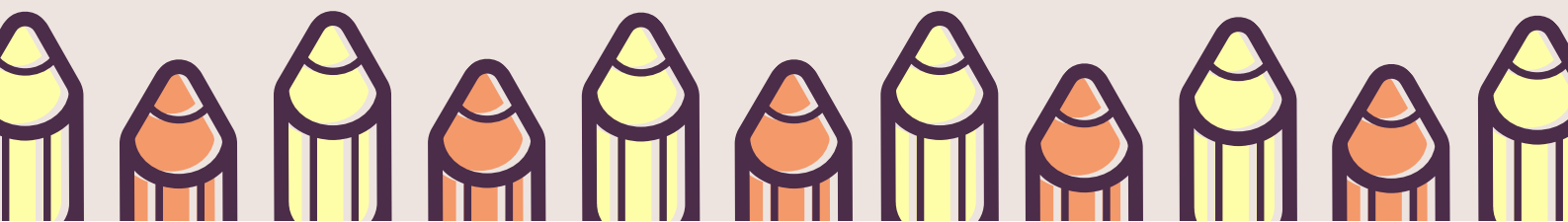
It is important as it builds confidence and enhances one's ability to meet new people and present themselves well. It helps in making a good impression on others. Knowing how to introduce ourselves helps ‘break the ice’ when meeting new people in any place or situation. Learners from Grade 1 to Grade 4 learnt the important indicators we should consider while introducing ourselves in a formal and informal context.

• Designing Newsletter-

Designing a newsletter requires tons of patience, creativity, innovation and critical thinking. Learners from Grade 6 to Grade 8 are trying to learn the nuances that go behind designing the newsletter namely, data collection, data collation, designing, content assortment under the guidance of their facilitators.

The MMCC provides learners with enough opportunities that can thrive their thought processes, decision-making and help them build their own opinions from an early age.

- BY MS LATIKA



MUN Unfolds the Unimaginable

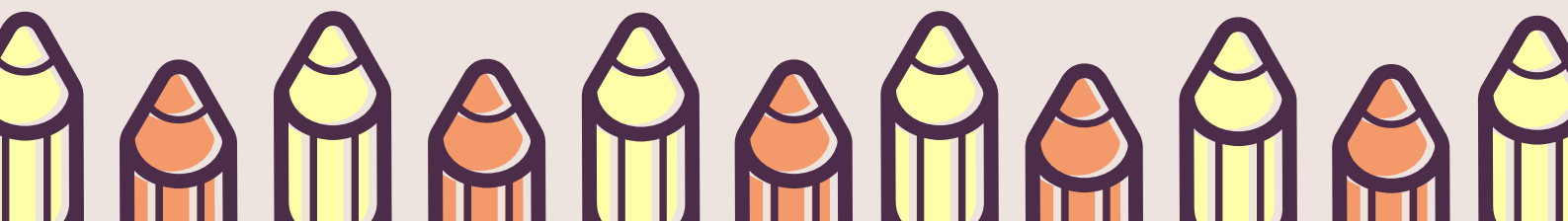


In the academic year, 2022-23 SVM ushered into its 3rd year of MUN club inception. The learners, now shaped as diplomats, pondering over global crises and provisions for resolving them, had put their best feet forward in putting up the maiden MUN conference in the month of September.

Grade 10 learners took up the onus of selecting committees, setting up agendas and asking consent from participants across grades 6 to 9.

The club was thronged with research, speakers list, White paper drafting and whatnots. In the first club meet, learners were assigned their committees and discerned into thinking cubicles with Grade 10 learners playing Chairperson, Secretary and Deputy Secretary for each committee. By the time the club met for the 3rd Meet, the opening speeches and first proceeding were set up. DISEC (Disarmament and International Security Committee) marched on the stage with poise and panache, to endear their first prep. It had all the Introduction of Chair, Speaker's list, Roll call and opening speeches delivered by the 6 committee members playing delegates of various nations pertaining to the agenda of Disarmament and Role of youth to counter-terrorism. The sequence was followed in its most religious manner with each committee taking to the stage with formal looks and bad language. It takes a mammoth of effort to train the naive and nascent but the result and output are worth the work. MUN conference prep is in full swing. Waiting for the curtain raiser moment at SVM. See you all there.

- BY MS KIRAN





STEM stands for **Science Technology Engineering and Mathematics**. STEM learning moves beyond simple test performance and focuses more on developing higher-level thinking skills by connecting classroom learning to the real world. STEM learning emphasizes a few skills namely collaboration, communication, research, problem-solving, critical thinking, and creativity.

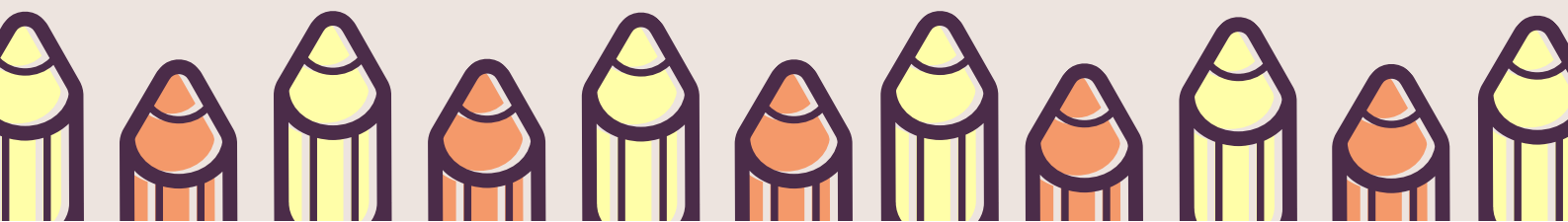
These skills will help learners to be successful in today's world regardless of specific interests or career goals. STEM is a direct response to the realization that our future will be built on our capacity for innovation, invention, and creative problem-solving.

At Sarvankash Vidya Mandir learners of Grades 3 to 8 are part of the newly formed STEM Club. Activities as per the Grade level are conducted in the STEM Club. To take STEM education at Sarvankash Vidya Mandir to the next level former IITian and educator -Mr Aditya Bhatnagar conducted a 3-day workshop for the facilitators of SVM on the practices and activities in the field of STEM for the 21st century. The workshop had several hands-on activities in the field of science and mathematics.

The STEM Club at Sarvankash Vidya Mandir has conducted several activities for learners of Grades 3 to 5 like -Lava Lamp, Diving Moth Balls, and Cloud in a jar in which the learners engaged in critical thinking, creativity, collaboration and communication.

Grades 6 to 8 in the present academic year have performed activities like – making a Simple Circuit, making of parallel circuit, preparation of slides and observing under a compound microscope.

At Sarvankash Vidya Mandir it is our endeavour to provide STEM education to our learners as it enables and enhances inquisitive mindsets and also encourages critical thinking. Moreover, it, helps them to think logically, and enables them to learn skills and professionalism in the early stages of education. **- BY MR PRAVIN**



The idea behind forming Special committee is to embrace the culture and the diversity of our country. The objective here is to make learners aware of the happenings pertaining not only to our own country but globally as well. All these activities and events help them to learn values like Sharing, Respect, Team work, Responsibility, Benevolence.

WORLD UFO DAY - JULY 02

A UFO is supposed to be a special aircraft on which aliens or extraterrestrial beings travel to the earth. On UFO Day, people usually indulge in sky-watching activities to look out for these objects. World UFO Day is celebrated annually on July 2 to spread awareness about unidentified flying objects (UFOs) and the existence of extra-terrestrial (ETs) beings. On this day, people gather in groups hoping to spot UFOs. The day is celebrated with an aim to raise awareness about the undoubted existence of UFOs, and also the intelligent beings from outer space.

World UFO Day is celebrated by stirring conversations about how and why humans are not the only beings in the Universe. Our learners from Grade 9 gave the information about the same during the weekly assembly of the class. They also showed a video, here's the link - <https://www.youtube.com/watch?v=9a0xlzp-fbs>

INDIGENOUS GAMES: LET US RELIVE THE CHILDHOOD - JULY 16

“Age is not a barrier. It’s a limitation you put on your mind.”- Jackie Joyner- Kersee

Games are a fun way of getting your child to learn – without them even realising it!

Playing traditional games, such as board or outdoor games help children to think for themselves, learn cooperation and teamwork skills, work on strategies and tactics, and learn how to hold a conversation with adults.

Moreover, indigenous games are inclusive games and not competitive. These games are a strong indicator that traditional values can survive.

Learners at SVM had a fun journey when they played several traditional games like hopscotch, Tug of War, Langdi, Spinning Top etc. Seeing the kids play was a reminiscing experience for the SVM staff.

The games were also followed by the Quiz to test their acquaintance and awareness with sports facts.

As it is rightly said, “The five S’s of sports are stamina, speed, strength, skill and spirit but the greatest of these is spirit”.

<https://www.facebook.com/SVMRatnagiri/posts/pfbid02hwn8PoW43kFnc6hDdbPPhdJZheyoDAsy7P2g2Bkz4jXicLNNpkfzshNsphPh4ReBl>

WORLD NATURE CONSERVATION DAY - JULY 28

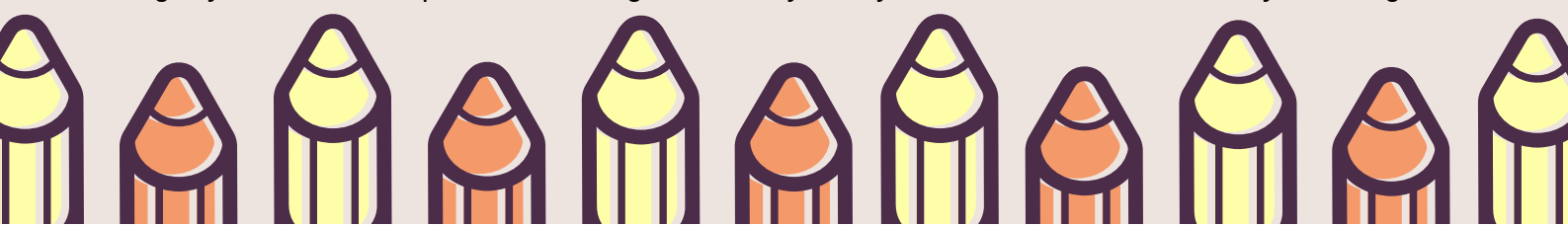
World Nature Conservation Day was observed on July 28. It acknowledges that a healthy environment is a foundation for a stable and healthy society. Saving plants and animals that face the threat of extinction is one of the primary goals of World Nature Conservation Day.

The celebrations emphasize keeping the various components of nature such as flora, fauna, energy resources, soil, water, and air intact.

“Conservation means the wise use of the earth and its resources for the lasting good of mankind”

Conservation is similar to the preservation, but while both relate to the protection of nature, they strive to accomplish this task in different ways. Conservation seeks the sustainable use of nature by humans, for activities such as hunting, logging, or mining, while preservation means protecting nature from human use.

As it is rightly said, “ Earth provides enough to satisfy every man’s need, but not every man’s greed”



*Hey puddle, how are you?
What splish splash splashing we could do,
Learners of SVM we do it and we learn,
Muddle in the puddle we all had some fun!!*

*Some were apprehensive at first,
But many of us jumped fast,
Trapped as we were by the earthy scent
Of the scintillating, petrichor soil*

*Splish and splash and splosh
we did, our parents looking on,
Their dear little girls and boys
We're helping one and all*

*We did enjoy it but learned some more,
Not all was in vain,
A lovely day was it at school,
We hope we get it again.....- BY MS NIDA*



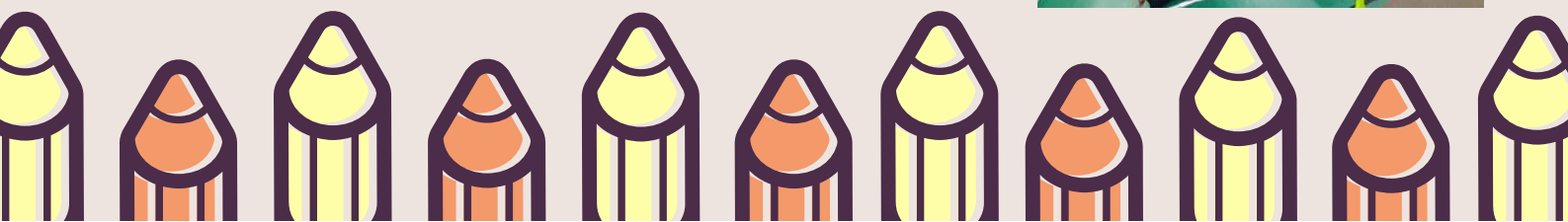
YUM- YUM IN MY TUM- TUM



The learners from grades 1 and 2 participated in this fun-filled and enriching activity. The prime objective of this experiential-activity was to reinforce the parent-child quality time where they collaboratively prepared healthy snacks which focused on their know-how about healthy eatings habits and nutrition facets of different kinds of food. The parents and the learners displayed their creativity while garnishing their food items and presenting them in the most colourful attractive and eye-gobbling manner. The learners described the process of making the food item and their nutritional facts. Learners learnt about the healthy choices they need to make ,the importance of hygiene and how it contributes to being healthy and fit.

Yoga day

Yoga is believed to have originated in India about 5,000 years ago. It is one of the most effective ways to keep oneself fit both physically and mentally. Yoga is not just doing exercise, it is much more. It is to expand your awareness, sharpen your abilities and enhance your intuitive abilities. To highlight this importance of yoga on young minds and help them take the road to a healthy mind and body, Sarvankash Vidya Mandir hosted a yoga day event on 21st June, 2022. The event was carried out amidst soothing prayer followed by yogic asanas. Each and every learner took part in performing the suryanamaskars. A healthy glow of happiness and health could be seen in the photos displaying learners presenting their yogic skills.



FIELD TRIP - GRADES 6 TO 8

“Fill your life with experiences, not things. Have stories to tell, not stuff to show”

Field trips are captivating educational opportunities for all the learners and facilitators alike. Field trips are designed to enhance the educational experience for all learners and provide them with an opportunity to learn outside the classroom.

SVM has always believed in the concept of experiential and integrated learning. To give the learners the hands-on- experience of their Science Chapter -Crop Production and Management, learners from grades 6 to 8 visited Sheel dam and paddy fields. Through this fun-filled learning trip, they learnt that subjects like social studies and science can be blended, integrated and enriching learning experiences can be created.

Paddy fields, comprise a major part of this region’s agriculture and possibly contain a lot of organic matter such as plant/algae residue and compost. Paddy Farming is generally done where rice is grown under partially flooded conditions. Learners were very curious to learn & observe the cultivation of paddy and how it uses floodwater as well as groundwater for the cultivation of rice. They also understood the problems faced by the farmers. They came to know about the irrigation pattern, methods of harvesting etc.

Spending time on the farm and interacting with the farmers made them more empathic, mindful and compassionate toward farmers. The field visit has created episode memories for the learners and facilitators, which will help them retain information for longer periods.

The learners gained a tangible education that is multifaceted as well as intergenerational...

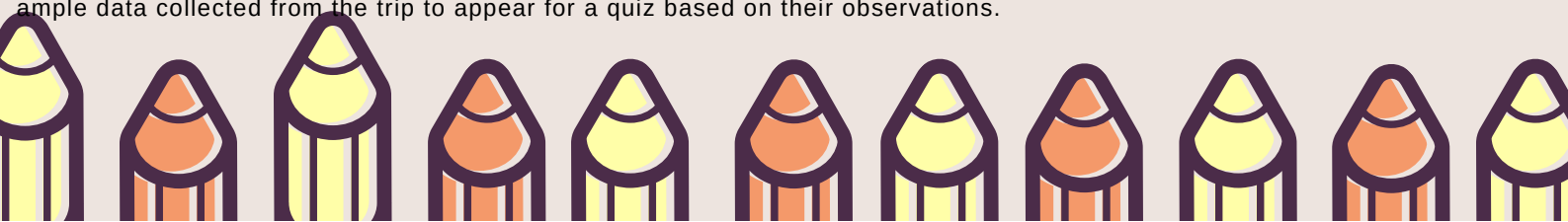


FIELD TRIP - GRADES 9 AND 10



Learning is everywhere around us, and Nature is the best teacher!

After scrounging through the pages of History and Geography, it is pivotal to connect and experience the timeless bounty of evergreen rainforests of Western Ghats, to unearth the 10th century Chalukyan temple with its stunning wooden artefacts and architecture. The learners of SVM materialised their learnings through the educational field trip to Rajwadi village in Sangameshwar region of Konkan belt of Maharashtra. The breathtaking sanctity of Karneshwar Temple constructed by Chalukya King Karna in 10 CE, transported the learners to Mahabharat era when Pandavas reigned. Situated at the confluence of rivers Varuna and Alakhnanda to convert into river Shashtri, this temple is an apt subject to register the style of dome, deity position and single stone masonry. Moving ahead, the day saw learners trekking to the locally constructed dam by the panchayat to conserve water and manage irrigation for the consistent agricultural production. The trip attraction i.e. the natural geyser, the hot water spring explained the geothermal forces responsible for such sources rich in mineral and healing contents. What more could be asked from such an eventful day which culminated in visiting the wooden assembly hall of the Someshwar temple which uniquely featured a double layered inner shrine with Lord Ganesh on top and Lord Shiva below his deity son. Historian Mr. Avdhoot revealed that the inner shrine is said to have been constructed way before 10th century. Learners were geared up with ample data collected from the trip to appear for a quiz based on their observations.



“Great rivalries don’t have to be built on hatred, they are built on respect...on respect for excellence.” -Mike Krzyzewski

And so it is in the framework of a school, wherein exists the system of Houses, four to be mathematically precise. At the head of the Houses stands the Student Council, a fine example of which, can be found at Sarvankash Vidya Mandir. At the beginning of the academic year 2022-23, learners from the Grades of 6 to 9 were encouraged to contend in what would later be, a superbly executed, unbiased, democratic election, resulting into the Student Council. Around thirty-eight students applied for the available fourteen posts in the Student Council, comprising of the Head-Girl and Head-Boy, four House Captains, four House Vice-Captains and four House Ministers. While the incumbents made their intentions known in public assembly, the voters (Grades 1 to 10) did a fine job of selecting the candidates of their choice. Finally, the chosen ones constituted the Student Council pictured here.



FROM LEFT TO RIGHT- GIRISH, VARDAN, KIRTI, SHRAVANI, NEEVA, PAL, KANEEZ (HEAD GIRL), AYUSH (HEAD BOY), SIMRITA, SHREYAS, MANAS, SHARVIL, PRISHA, RADHA.

No sooner was the new Student Council installed in an elaborately planned Investiture ceremony, than it began working diligently towards the maintenance of discipline and everyday school decorum. It is as if, they have taken over the ownership of certain aspects within the school. As for the rivalry between Houses, it is conducted in the healthiest of ways with the House Masters taking charge of their respective Houses and encouraging their House members to participate in day to day activities and events so as to garner laurels and points for their Houses. The point system keeps the House members on their toes; especially after the lull created by the pandemic, the excitement to participate and win is doubly strong.

The first event in the academic year was the Sports Quiz which saw action between the Houses. Held at two different levels, we had separate quizzes happening simultaneously for Grades 2 to 5 and 6 to 10 respectively. The quiz for Grades 2 to 5 was won by the Yellow House (Leo), while in the quiz for Grades 6 to 10, the Blue House (Gaganyaan) got its first taste of victory. Ten days later, we had a Chess competition held across grades. Once again, many of us were left open-mouthed with the favourites going down to opponents least expected to cause a stir. All in all, the Chess contest was a rousing hit and a continuous source of points for all four Houses on account of mass participation.



We were still in July when, the Mangrove Cell of Ratnagiri organized a painting competition aimed at increasing the awareness about mangroves. This time round we had quite a few learners who participated and their work was judged by the local Mangrove Cell co-ordinators. Subsequently, during one of our morning assemblies, amidst much fanfare, the District Forest Warden felicitated the winners of the painting contest.

As we gently slid into August, the month of India’s Independence, the Houses got busy adorning their House soft-boards with themes of Patriotism and India’s Azadi ka Amritmahotsav. In the end, we had a clear winner of the race for the best soft-board. It was none other than the Green House, staying true to their symbol – Phoenix, rising from the embers to soar into the endless sky. Consequently, with Independence Day nearly at hand, we also had Singing and Elocution contests held under the banner of “Har Ghar Tiranga”. The Singing competition saw grade-wise choral participation from Grades 5 to 8. Around twenty-one learners participated in the Elocution contest too, dishing out speeches in a tri-colour of languages, these being Hindi, Marathi and English. Adding flavour to the overall theme were Grades 1, 2 and 3 who committed themselves to flag art, each in a different way via paper collage, flower/ leaf art and Rangoli.

This is just the beginning of the year, we look forward to great challenges and duels to be had between the Houses, all in good spirit though.

- By Mr Jared Dais



“ART IS AN ESSENTIAL ELEMENT OF EDUCATION, JUST LIKE READING, WRITING, AND ARITHMETIC... MUSIC, DANCE, PAINTING, AND THEATRE ARE ALL KEYS THAT UNLOCK PROFOUND HUMAN UNDERSTANDING AND ACCOMPLISHMENT.”

- WILLIAM BENNETT

Just BE MORE

At SVM we have always believed in empirical learning and reinforcing the tagline of our school- “Every child matters”.

At SVM there is no distinction between academics and co-curricular, they all fall under the spectrum of learning.

Even during pandemic times, learning with fun did not stop at SVM. The education continued with the same enthusiasm and fun, be it grooving to the music, exploring colours, singing in rhythm or gearing up for fitness.

Physical schooling opened new avenues and opportunities. The most exhilarating aspect is the learner's participation in multi-dimensional activities namely weekly assemblies, group performances on special days, their thrilling participation on bagless Saturdays, display of their artistic skills and their participation in various house competitions and intra-school events.

Co-curricular activities help students build a wide variety of skills and interests namely team bonding, creativity, team spirit, sportsmanship, and self-acceptance. It also stimulates social intelligence and organisational skills.

SVM is synonymous with fun-integrated learning. Let us make a promise to ourselves to inculcate in a few activities which truly enhance our inner self-and open new horizons of ingenious prospects.

SPECIAL ASSEMBLIES

Every day is a special day at Sarvankash Vidya Mandir but Saturdays are extra special for the learners and the concept of bagless Saturdays truly makes the day exceptional.

Learners look forward to having fun and getting engaged in some of their favourite chosen activities viz dance, music, and arts. The club and house activities in the latter half allow learners to broaden their horizons of creativity.

One of the exciting events each fraternity of SVM looks forward to on Saturday is the Morning's Special Assembly. Every week is assigned to a respective Grade. (G-1 to G-10) to conduct their class assembly. On weekdays the learner-led assembly consists of singing prayer, reading news headlines, reciting a thought and word of the day, conducting a quiz, reading facts etc. This helps in vanishing the hesitation and boosting the confidence of the learners. They overcome stage fear and develop their speaking skills.

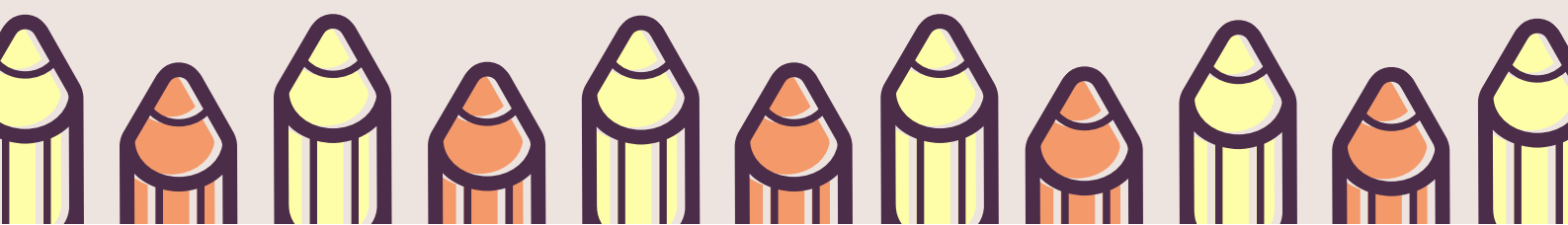
On Saturday the learners culminate the week by making the assembly extra special as they showcase a theme-based skit. The learners with guidance from their HRTs, subject-teachers and Co-Curricular facilitators practice for a week to make the entire morning incomparable.

Some of the Special assemblies performed this quarter are

- Save Soil Campaign by Grade 10
- Harry Potter by Grade 9.
- Eid Celebration by Grade 8.
- Determination and Courage- The Life Of Great Baji Prabhu Deshpande by Grade 7.
- The Magical World of Disney by Grade 6.
- Let us conserve the majestic cats: International Tiger Day by Grade 5.
- Save Water by Grade 4.

We at SVM have been thrilled to experience the support and involvement of parents in the Saturday assemblies. Parents drop off their wards early to school as well as contribute to doing the make-up and costume of the learners. As the popularity of the Saturday assemblies spread parents have started coming in good numbers to attend the assembly and enjoy and explore the performances of the learners.

The Saturday Special Assembly is a medium for the learners to express their creativity, collaboration, and hidden talents.



माझी कविता

खालील आकृत्यांमध्ये गोलात दिलेल्या शब्दांशी संबंधित काही शब्द दिले आहेत. त्या शब्दांचा वापर करून चारोळी / कविता तयार करूया.



पाऊस	पक्षी	सण
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अहं वने वसामि |
मम केसरी, वनेन्द्रः, मृगेन्द्रः
इति अन्य नामानि सन्ति |
मां दृष्ट्वा सर्वे पलायन्ते |
कथयत कोऽहम् ||

”

”

प्रहेलिका

कृष्णवर्णः परं न काकः |
मधुरस्वरः, मम कूजनं
जनेभ्यः बहु रोचते |
पिकः मम अन्य नाम, कथयत
कोऽहम् ||

“



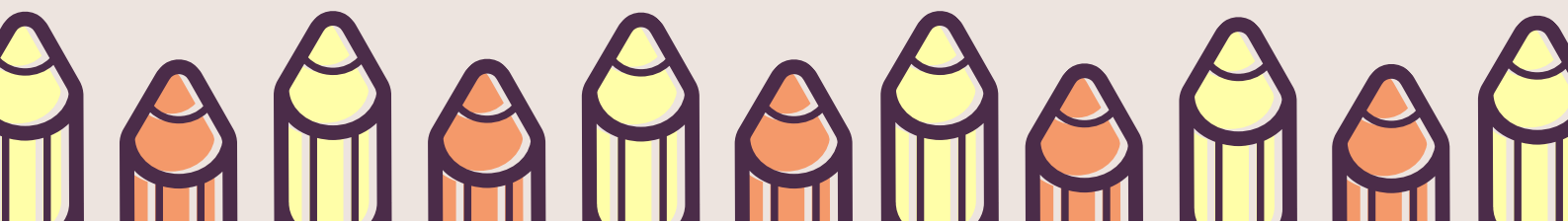
नासिकया अहं पिबामि
जलम् |
कर्णौ सूप इव विशालौ
स्तः |
विशालकायः, कथयत
कोऽहम् ||

”

अर्थ:- मी जंगलात राहतो; माझी
केसरी, वनेन्द्र, मृगेन्द्र अशी अन्य नवे
आहेत;
मला पाहून सर्व पळतात; सांगा
पाहू मी कोण?

अर्थ:- काळ्या रंगाचा आहे पण, कावळा नाही.
माझा स्वर गोड आहे. माझे कूजन सर्व
लोकांना आवडते,
पिकः माझ अन्य नाव आहे ; सांगा बर मी
कोण?

अर्थ:- नाकाने मी पाणी पितो;
सुपासारखे मोठे कान आहेत;
माझे शरीर मोठे आहे; सांगा
पाहू मी कोण?



SVM REOPENS

June 13, 2022, was a remarkable day for SVM as we went back to school after 2 years.

The day began with one thought, "Where is my uniform?" from brushing my teeth to tying my shoelaces, I was in a constant rush, I could only think of how soon I could reach school and meet my friends and teachers. Copying from the whiteboard, sneaking out of the classroom, falling asleep on the bus, and chatting with friends, I could relive all these moments that had become memories.



With the reopening of the school, the doors for new ideas, creativity, curiosity, and talent were opened for us. With activities and competitions, we proceeded with our Quarter 1 examinations from August 8th, 2022. Quarter 1 exams were conducted diligently and under excellent management right from Nursery to Grade 10. Many of us were very happy as we were giving our exam physically. Some of us were nervous too. In the examination hall, some faces were with question marks and some with confidence. Doubts were popping into our minds.

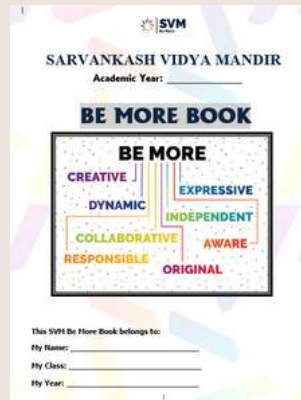
Physical examination provides both comfort and motivation. The sense of isolation during online exams adds to the student's anxiety. Offline exams reduce the highest possibility of unethical practices. Offline mode maintains the sanctity and standard of examination.

Hope we never face the unprecedented times like the pandemic, online schooling, isolation, or quarantine once again. Let these happy times be in our worlds forever.

- NEEVA SHAH (GRADE 7)

BE MORE BOOK

An unplanned life might turn out well but a planned life is certain to fetch success. Goal- Setting is an important aspect of leading a happy life. SVM has made even this probability, a reality by introducing its well-structured and highly comprehensive goal-setting record book called the "BE MORE BOOK" There are personal, academic, behavioural and choice goals to be set every fortnight which helps learners to contemplate. Moreover, learners have to reflect on the 'drivers and preventers' for their personalised goals and design an action plan for the same.



There is also a detailed plan-setting area indicating 'whats and hows' for each goal. Moreover, it is complete with force-field analysis and review columns to be filled by learners and their parents to evaluate the level of goal accomplishment. Facilitators at SVM ensure that kids use this goal-setting book to learn to target, proceed and acquire what they always wanted. This unique but firm practice is yet another "BE MORE" initiative of our school.

- REYA AMRAWAT (GRADE 7)



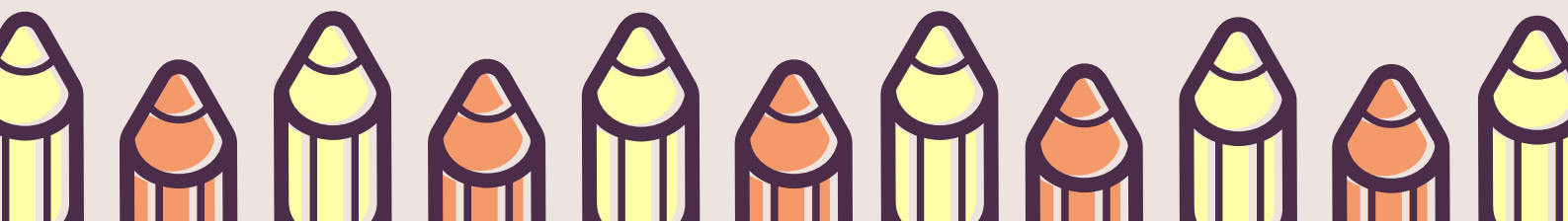
- SEJAL PEDNEKAR (GRADE 10)



-ADHYA BHUTA JR.KG



-SHAMBHAVI VANJU GRADE 1



• **Concept of Body-mindfulness**

Attaining body awareness is an important part of the child development process. This concept seems more concealed and less obvious than other milestones met in the early years.

The concept was taught in an enriching way in nursery class. The tiny minds are always filled with innumerable questions about the world, their surroundings and especially their bodies. As they grow up they start to recognize that they can run, play, laugh and sing, they also become more curious about their bodies. The toddlers were taught about basic body parts and their uses with the help of mannequins. The activity helped kids to learn about body parts and their importance again in an edifying way.



• **Math is fun in the Early Years**

The development of early number sense is critical for learners to be able to understand math in later years. There are important developmental skills that all learners need to conceptually understand and move forward in their numeracy learning. The arithmetical skill encompasses a broad understanding of the concept of numbers, facts, and figures.

Learning is always fun at SVM. We have always believed in hands-on learning and an experiential approach. The learners are engaged in learning concepts namely, sorting, categorization, ideation of big-small. This fun-oriented approach helps in the development of number sense and enriches a child's fluidity in numbers.



• **Rakshabandhan Celebration**

Socialization is a crucial part of early development as it fosters a "sense of self". It also aids life skills like confidence, empathy, communication, and problem-solving. Participation in group activities is a key to fostering socio-emotional development in learners. The blooming toddlers of SVM are gradually fostering their interpersonal skills.

The tiny tots celebrated 'Raksha Bandhan' with full zeal and endeavour. The main objective was to make the learners aware of the virtuous bond of love which is one of the most genuine and noblest of all human emotions.

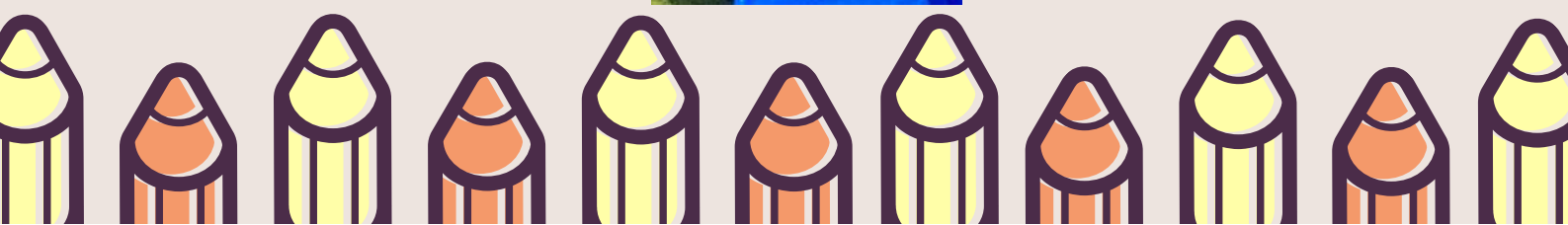
The little learners from Nursery, Jr. Kg and Sr. Kg celebrated the day by tying the sacred rakhi thread not only to their classmates but also on the wrists of the facilitators, a few learners across grades and also to the support staff. "Our friends, facilitators and didi- dada always support us, so it is necessary to take our bond to the next level by tying them the rakhi", remarked one of our learners. The innocent smiles of the cutie-pies brightened the ambience and lifted our spirits.

After all, the Rakhi thread signifies protection, it is a symbol of unity and compassion. Just as multi-coloured strands of rakhi weave into one thread, the myriad colours of a different cultures can weave into a united whole. Rakhi reminds us to honour our commitment to protect humanity and inculcate the values of benevolence, trust and unconditional love.



• **Boat activity**

Learners of the "early years" are always indulged in creating memories that will stay on for a long time. As is the custom to make learning fun-oriented, the little ones learned much about colours, shapes and numbers through this rather exciting activity in which they made paper boats of various colours, sizes and types with their facilitators. The event culminated with the learners seeing their boats navigating in the water tubs.



मानवी मनाचा, स्वभावाचा अभ्यास करायचा, समजून घेण्याचा प्रयत्न आत्तापर्यंत अनेक प्रकारच्या अभ्यासाने केला गेला. Handwriting analysis किंवा Graphology हा त्यातलाच एक. आज या विषयाची मी तुम्हाला अगदी थोडक्यात ओळख करून देणार आहे. असं म्हटलं जातं की handwriting is brain wiring. जे तुमच्या Conscious किंवा Subconscious mind मध्ये आहे तेच तुमच्या लिखाणाच्या शैलीतून / style, letter formation मधून कागदावर उतरतं Handwriting analysis करताना एकेक अक्षर तुम्ही कोणत्या style ने लिहिता आहात, किंवा अक्षराचं formation कसं आहे हे सगळ्यात महत्वाचं ठरतं. त्याचप्रमाणे कागदावर सगळ्या बाजूने margin किती सोडलं आहे, दोन शब्दामध्ये अंतर किती आहे, दोन अक्षरामध्ये अंतर किती आहे, सही कशी केली आहे, लिहिताना baseline कशी आहे, अक्षराची size किती आणि कशी आहे, लिहिताना pressure किती आहे, या आणि अशा बऱ्याच गोष्टी विचारात घेतल्या जातात. या अभ्यासातून आपण स्वतःचा स्वभाव, आपलं मानसिक आरोग्य कसं आहे, घरातील माणसांशी आपलं नातं कसं आहे, काही सवयी, काही वेळा आपल्या आवडी निवडी, आपल्या विचारांची दिशा, आपली मेहनत घ्यायची तयारी किती आहे, अशी आपली पूर्ण personality, व्यक्तिमत्व कळतं. तसंच काही वेळा काही माणसांच्या स्वभावात, वागण्यात काही special traits असतात जस की कोणाला cheating करायची सवय लागलेली असते, कोणाला बारीक सारिक वस्तू चोरायची सवय असते, कोणाला सतत टोमणे मारून बोलायची सवय असते, कोणाला स्वतः चुका करून दुसऱ्यावर ढकलायची सवय असते तर कोणाला स्वतःच्या चुका मान्यच न करायची सवय असते. या आणि अशा बऱ्याच धक्कादायक गोष्टींचा सुद्धा खुलासा आपल्या हस्ताक्षरातून होत असतो. आपल्या मध्ये असलेले त्रासदायक स्वभाव दोष, मानसिक त्रास, चुकीच्या सवयी आणि अशा बऱ्याच गोष्टी आपण आपलं हस्ताक्षरामध्ये बदल करून बदलूही शकतो. त्याला शास्त्रीय भाषेत Graphotherapy असं म्हणतात. स्वतःला जाणून घेण्यासाठी आणि स्वतःमध्ये आवश्यक बदल करण्यासाठी Handwriting analysis हे अतिशय महत्वाचं माध्यम आहे, असं मला वाटतं.

- By Shalaka Kelkar Mother of Samanvi - Grade 1

Monsoon Care

Due to moist weather, kids mostly suffer from skin rashes, redness, and itchy area on different parts of the body. Moreover, mosquito bites are common in this season.

The first and foremost thing is to bathe the child every day with clean room temperature water followed by dabbing, drying, and checking for any rashes or redness in body folds areas like armpits, ears etc.

Clothing: Use cotton clothes covering full body. Remember, clothes should be completely dry. Use of oil, moisturizer and mosquito repellants is advisable.

There are no medications for increasing immunity but we can help in enhancing natural immunity with help of antioxidant foods. Fruits and vegetables (green leafy vegetables) hot soups, seasoned fruits. We can also add dry fruits cashew, almonds, walnuts, and raisins. Adding turmeric and ginger to food can improve immunity-enhancing capability.

Gut problems are also common namely

Loose motion, Constipation.

Loose motion is due to changes in weather and food. Most loose motions are self-limited if you give adequate ORS and probiotics, the problem can be solved. The natural probiotic in every house is curd, so use it adequately.

Constipation can be avoided by giving fibre-rich food raisins and fruits and physical activity.

Cough & Cold

Cold is the body's immune reaction to weather changes, viruses and dust. It's a protective mechanism of the body.

Hand hygiene is a must. We should avoid sharing napkins among kids to prevent transmission.

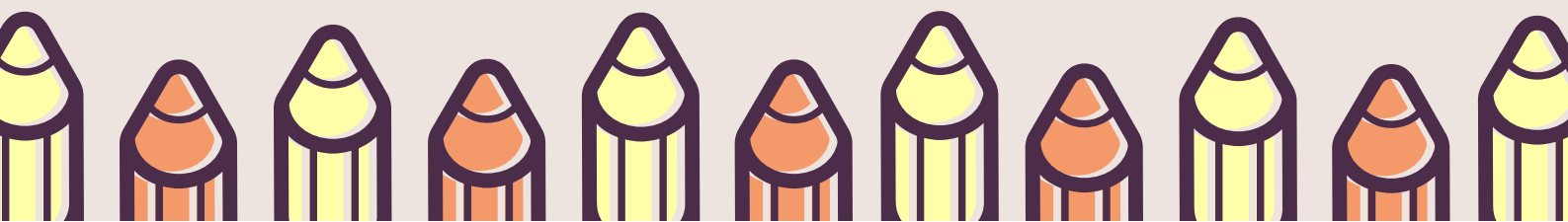
Care at home:

- Have warm food and liquids.
- Dust at home can be avoided by room regular vacuum cleaning.
- Bedding hygiene is a must.
- Washing clothes and properly drying them.
- On & off nasal discharge must be accepted and overlooked
- For cough management at home use honey and warm water.

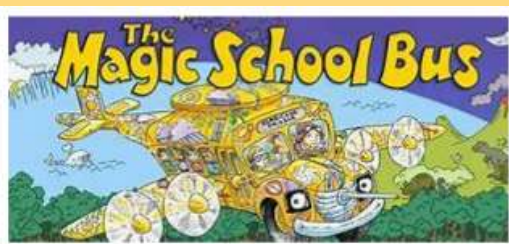
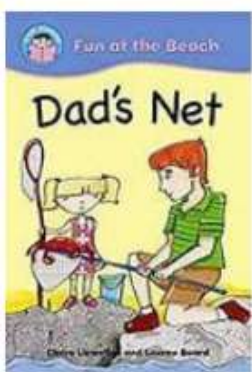
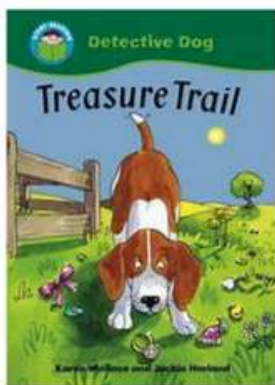
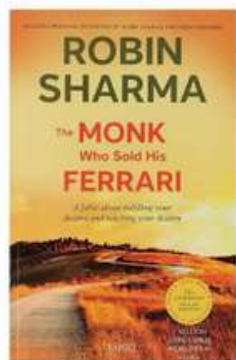
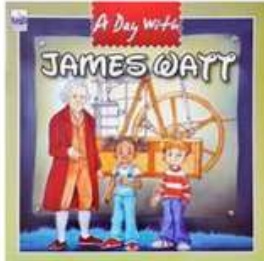
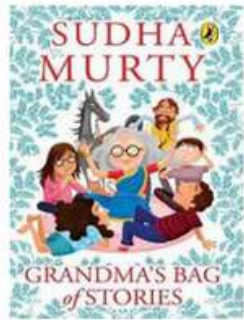
Alarm signs: Fever & cough for more than 72 hours, mild cough, breathing difficulty.

Important note: Influenza vaccine every year from 6 months onwards to 5 years and all other vaccines as per NIP (National Immunization Programme)

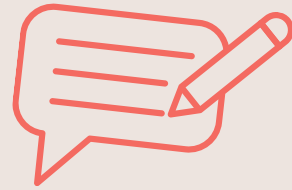
- By Dr Swati Gangan Mother of Reeyan- Grade Nursery



MOST LIKED BOOKS FROM SVM LIBRARY BY OUR USERS



BOOK REVIEWS



Book title: The Magic School Bus

Name: Chahat Gandhi- Grade 5

Author: Ms Joanne Cole

Review: I read a book about bats .There was a teacher named Ms Frizzle . She was fond of taking children for field trips.. Her field trips used to be magical. Once , she takes her class for a field trip where she dresses up like a bat and her students think her to be a vampire. Once Ralphie (the class student of Ms Fizzle)was driving a bus and he accidentally pushes a bat-like button from the dashboard and the bus transforms into a bat. The children get afraid because the bus flies, he then presses all the buttons from the dashboard turning them all into bats.

- The characters I liked most :**
- 1 MS Frizzle
 - 2 Ralphie
 - 3 Keesha

Book title: The Warren Buffet Way

Name: Diya Jain - Grade 10

Author: Robert G-Hagstrom

Theme/Genre- Business/Investing.

Review: The book displays ways of stock exchange investment, effective business strategies and philosophical aspects of investing and business. The book also talks about business discipline, alignment with shareholders, capital, and markets.

This book helped me in:

- Developing a better understanding of stocks.
- Ways of an effective business.
- Generating a better philosophical aspect to ward business venture, finance
- Telling us how to know what we have to look for & how to achieve it too

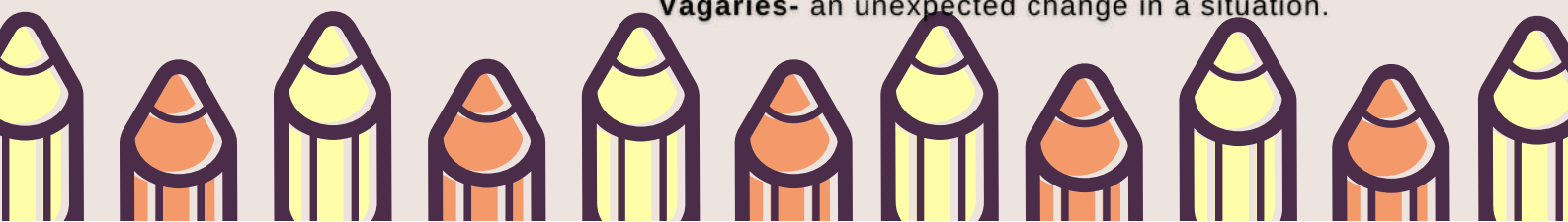
New Words with their dictionary meaning

Iconoclastic-criticizing /attacking cherished beliefs institutions

Tenet - a person or belief.

Candour: quality of honesty & frankness

Vagaries- an unexpected change in a situation.



खेळ : सुखी जीवनाचे सूत्र

खेल- खेल से ही बच्चों में खेल भावना आती है
 खेल- खेल में जीवन में सब बिगड़े काम बन जाते है।
 हार जीत से ऊपर उठकर हम आदर्श बनते है।
 और खेल- खेल से ही बच्चों में सद्भावना आती है।

खेळ हा सर्वांच्या जीवनामध्ये महत्वाचा घटक आहे. खेळ खेळल्याने आणि नियमित व्यायाम केल्याने आपले शरीर मजबूत बनते. खेळ खेळल्याने शरीरातील रक्त संचार योग्य प्रकारे राहतो. आपल्या जीवनात स्फूर्ती निर्माण होते. खेळ आपल्याला मानसिक दृष्ट्या मजबूत बनवतो. लहान मुलांसोबत खेळ खेळल्याने जीवन अधिक सुखद बनते. जीवनातील ताण- तणाव पूर्णपणे निघून जातो.

कुठल्याही प्रकारचा खेळ खेळत असताना किंवा स्पर्धामध्ये खेळत असताना खिलाडू वृत्ती असणे फार गरजेचे असते . आपल्याला चांगल्या प्रकारे खेळता येते परंतु खिलाडी वृत्ती नसेल तर तर त्या कौशल्याचा काही उपयोग होत नाही.

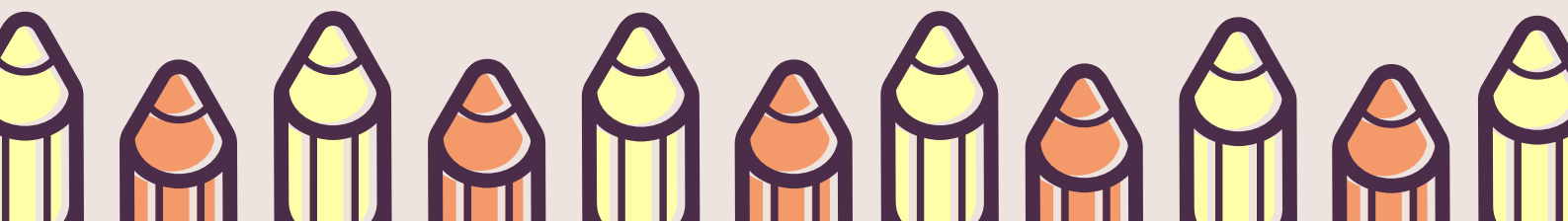
खेळामध्ये हार - जीत होत असते. हार पचवता आली पाहिजे. खेळ आपल्याला जीवनामध्ये कसे जगावे हे शिकवत असतो. खेळाबरोबरच योग्य आहार महत्वाचा असतो. हिरव्या भाज्या, अंडी, मासे, फळे यांचे योग्य प्रमाणात सेवन करावे.

मोबाईलच्या वापरावर नियंत्रण असेल तर मैदानी खेळांसाठी वेळ देता येऊ शकेल. खो- खो, कबड्डी, धावणे, क्रिकेट आदी मैदानी खेळांसह नियमित योग अभ्यास केला पाहिजे. मोबाईलच्या अति वापरामुळे ४ ते १६ वयोगटातील मुलांमध्ये मेंदूचे आजार बळावले आहेत. त्यांच्यात दृष्टीदोष निर्माण होत आहेत. काहीजण मोबाईल बघत- बघत जेवतात. त्यामुळे योग्यप्रकारे अन्न पचन होत नाही. मुलांमध्ये पोटाचे विकार वाढत आहेत.

निरोगी, सुखी जीवनासाठी नियमित खेळ, व्यायाम यावर भर दिला पाहिजे.

कक्षा और पुस्तकें जो न सीखा पाएँ
 वो खेल हमें सिखाता है।
 जीवन के उच्च आदर्श
 खेल हमें सिखाते हैं।
 पढ़ लिखकर हम साक्षर बनते हैं।
 लेकिन जीवन के कठिनाई से लड़ना
 खेल हमें सिखाते है ... खेल हमें सिखाते है ...

- नवीनचंद्र सावंत



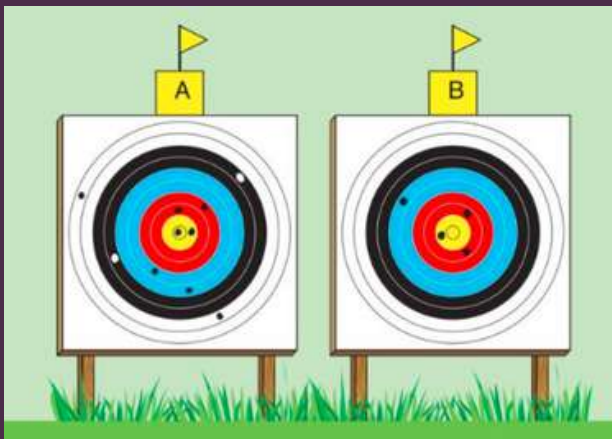
SVM facilitators always create an environment in which learners are eager to explore and learn about math. The facilitators of preschool are no exception to it. They provide developmentally appropriate materials and opportunities to help preschoolers understand the topic. Math lessons and activities are curated in such a way that they are enriching and have real-life implications. A simple concept of understanding the shapes and two-dimensional figures is fun in nursery class.

In preschool, children learn to identify and name circles, triangles, squares, and rectangles. The facilitators expose kids to materials such as posters, blocks, books, and games. These strategies help learners to analyze two- and three-dimensional shapes in various sizes and orientations.

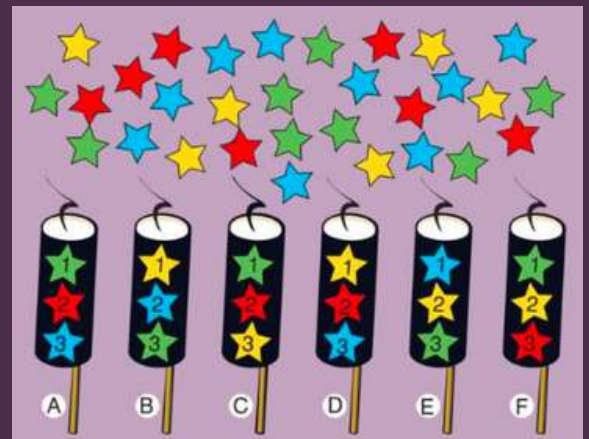
We believe in creating environments and planning activities so that young involved in mathematics. Moreover, they also take their learning beyond the classroom to discover and enjoy mathematics in their homes and different social settings.



MATH TRIVIA



HOW MANY POINTS DOES ARCHER B SCORE KNOWING THAT THE TOTAL SCORE OF ARCHER A IS 55 AND THAT DIFFERENT POINTS ARE EARNED IN THE TEN ZONES IN ASCENDING VALUE TOWARD THE CENTER?



EACH FIREWORK (A-F) CONTAINS 6 STARS. WHICH FIREWORK HAS NOT BEEN LAUNCHED, KNOWING THAT EACH GIVES OFF 1, 2, OR 3 STARS OF ITS CORRESPONDING COLOR?

SOURCE : WWW.RD.COM/ARTICLE/MATH-PUZZLES/

AMAZING SCIENCE FACTS THAT ARE WEIRD, WILD, AND TRUE

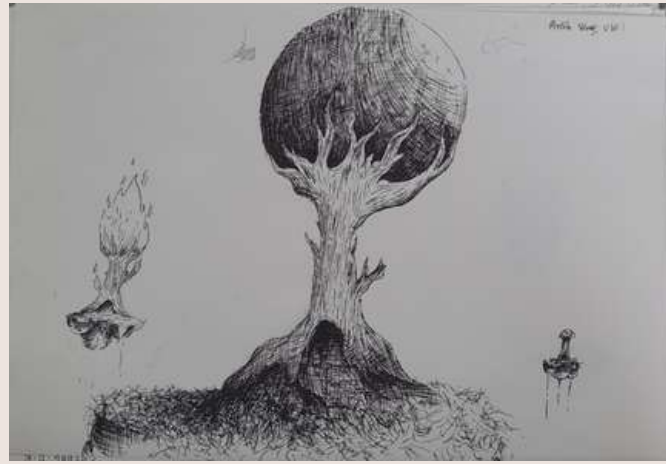
- The human stomach can dissolve razor blades.
- According to the U.S. Geological Survey (USGS), “there is evidence that some animals, like sea turtles and salmon, have the ability to sense the Earth’s magnetic field and can use this sense for navigation.”
- The average cumulus cloud can weigh up to a million pounds, according to the USGS. That’s about as heavy as the world’s largest jet when it’s completely full of cargo and passengers.
- Rats have the ability to “laugh” when tickled.
- Bananas contain potassium, and since potassium decays, that makes the yellow fruit slightly radioactive.
- The surface area of the brain is about 233 to 465 square inches (1,500 to 2,000 cm²), which is about the size of one to two pages of a newspaper.
- As we get older, the brain loses almost one gram per year.
- The human brain can read up to 1,000 words per minute.
- The Nervous system transmits messages to the brain at the speed of 180 miles per hour.
- Helium can work against gravity.
- The surface area of both lungs is roughly the same size as a tennis court and the total length of the airways running through them is 1,500 miles. That’s about the distance from Chicago to Las Vegas.
- A single solar flare can release the equivalent energy of millions of 100-megaton atomic bombs.

SOURCE : WWW.RD.COM/LIST/SCIENCE-FACTS-NEVER-LEARNED/





-ADITYA MANCHEKAR GRADE 7



- ANSH SINGH GRADE 7



-NEETYA PEDNEKAR GRADE JR KG



- OJAS HARSHE GRADE 2



- GAURI VILANKAR GRADE 7



- ISHITA TAWADE GRADE 9



- CHIRAG KOLAMBEKAR GRADE 7



- SEJAL PEDNEKAR GRADE 10

