

C 14 (2022-23)

To

School Parents (Grades 1-2)

Ref:- Healthy food making Event

Dear Parents,

Greetings from SVM!

Name of the event – Yum Yum in My Tum Tum!

Grades – 1 and 2

Date- Saturday, 30th July 2022

Timing – 10am to 11:45am

Idea of the event - The learners will make salads / sandwiches / Frankie or any food items that is healthy and fireless with their parents.

Venue – SVM School Cafeteria

Parents will bring all the ingredients from home. (chapatti, paratha, cooked, bread, fruits, toppings, vegetables etc. according to their requirements). The preparing and garnishing will be done in school.

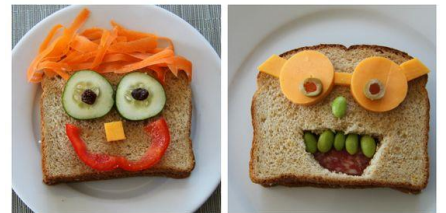
The parents and the learners can display their creativity while garnishing their food items (find images for reference) and may dress like chefs.

The learners will describe the process of making the food item and will explain nutritional facts of the food items.

Topics related – **Grade 1 – My Family (Works together)**

Grade 2- Healthy Eating (Types of food items)

Interested? kindly fill the following consent form.



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I, _____ Parent of _____

from Grade _____ give my consent to participate in the event ‘Yum Yum in my Tum Tum’.

Signature: _____

Date: _____